

**PARKWAY WEST  
MIDDLE SCHOOL**



**AFTER SCHOOL  
ACTIVITIES**

**Fall 2019**

# STUDENT ACTIVITIES

West Middle believes extracurricular activities are an important part of the middle school years. Participation in intramural sports and clubs can help enhance academics as well as social skills in our students. After school activities teach students school spirit, sportsmanship and encourage time management.

We offer a variety of clubs and activities and welcome other suggestions. Activities will start promptly at 3:20 P.M. and end at 4:20 P.M. Activity buses will be provided to take students home. All buses will depart from West Middle between 4:25 – 4:45 P.M. A list of the bus runs is provided in the back of this booklet. **If your child is a car rider, please make arrangements to pick up as close to 4:20 P.M. as possible.** We are looking forward to having all students involved in making this a fun experience that enhances sportsmanship as well as friendship at West Middle. Students will sign up using this form: [After School Activity Sign Up](#) before they can participate each day.

If you have any questions about intramural sports, please contact Kevin Bueltemann at 314-415-7452.

## SPORTS/RECREATIONAL ACTIVITIES



**Intramural sports** will be offered after school on Monday, Wednesday, and Thursday. All students interested are welcome to participate. Students will sign up using this form: [After School Activity Sign Up](#) before they can participate each day. Students will need to check the Daily Announcements for their grade level activity. We offer inter-district competition with other middle schools for certain sports such as Basketball, Cross Country, Fleetball, Soccer, Softball, Track & Field, Volleyball and Wrestling. All competitions are co-ed. All interested need to be dressed out and ready to go in the gym by 3:20 P.M. All intramural sports will end at 4:20 P.M.

# WEST MIDDLE SCHOOL PROCEDURES FOR AFTER SCHOOL ACTIVITIES

West Middle School provides a variety of after school activities including intramural sports, clubs, organizations, volunteer opportunities, mixers, Fine Arts performances, academic competitions and help sessions. All students are encouraged to participate in as many activities as time and interest allow. These opportunities provide a time to enjoy being with old friends, making new friends, working with teachers, and gaining valuable experiences.

As you remain after school for activities, and to insure the safety and well-being of all students, please keep the following in mind:

1. Students will sign up using this form: [After School Activity Sign Up](#) before they can participate each day. You must report to the activity by 3:20 P.M. All students must be with a faculty member during the activity period. We are responsible for you; you cannot be in any area of the school or grounds without a faculty member present.
2. Participate effectively in the activity. Display cooperation, respect and responsibility. Everyone is counting on you to be a positive member of the activity.
3. Stay in the activity until the teacher dismisses you at 4:20 P.M. Go to your locker and then to cafeteria to catch your bus. Go to the front office if you are being picked up or you are walking home.
4. While waiting for your bus, demonstrate the same positive behavior expected of you at other times.

You must be an active participant in the after school activity. Our program does not allow for spectators. Get involved! Enjoy the benefits from all the opportunities your teachers provide you!

**IMPORTANT!** In the event that a student remains after school and does not report to an activity by **3:20 P.M.**, the student must report to the office and discuss the situation with an administrator. If the situation is beyond the student's control, the student will be assigned a place to study during the period. If the situation is not beyond the student's control, the student will be given a warning to insure that this does not occur again.

If the student stays after school without an activity, he/she will be referred to the grade level administrator. Appropriate disciplinary action may result.

**THANKS FOR MAKING WEST BEST!**

# DAYS ACTIVITIES/CLUBS/INTRAMURALS ARE OFFERED

	<b>Monday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>Activities/Clubs</b>			
<b>Weekly</b>	8th Grade Homework Center ASL Mentoring (American Sign Language) Archery (Starts October 7) Mural Club (Starts October 7) PWMS News Club Science Club Student Lighthouse Team Tower Garden Challenge Yearbook Club	7th Grade Homework Center 8th Grade Homework Center ASL Mentoring (ASL) Archery (Starts October 10) Board Game Club Chess Club* Dungeons and Dragons* Entrepreneurs Club* PWMS News Club Robotics  *Meets on various Wednesdays; check the daily announcements for exact dates.	6th Grade Homework Center Alliance/GSA Ancient World Club (Begins October) ASL & ASL Mentoring (ASL) Math Club Select Choir Yearbook Club
<b>Intramurals</b>			
<b>Intramurals</b>	Cross Country Basketball (6th gr. - November) Soccer (6th grade) Wrestling	Cross Country Basketball (7th gr. - November) Soccer (7th grade) Wrestling	Cross Country Basketball (8th gr. - November) Soccer (8th grade) Wrestling

# ***ACTIVITIES & DESCRIPTION***

**6TH GRADE HOMEWORK CENTER** – Homework Center is a quiet place for 6th graders to complete their homework. Students must have an hour's worth of homework and/or a book to read when their homework is completed. Students need to sign up on google form on our website. Students are allowed to bring in a healthy snack. Students will sign up using this form: [After School](#)

[Activity Sign Up](#) before they can participate each day.

**Who: 6th grade students**

**When: Thursday**

**Where: Room 3308**

**Sponsors: Erica Babb**

**7th GRADE HOMEWORK CENTER** – Homework Center is a place where students can work quietly on their homework. Students must have an hour's worth of homework and or a book to read when their homework is completed. Students need to sign up on google form on our website. Students are allowed to bring in a healthy snack. Students will sign up using this form: [After School](#)

[Activity Sign Up](#) before they can participate each day.

**Who: 7th grade students**

**When: Wednesday**

**Where: Room 3219**

**Sponsors: Taylor Wilmas**

**8th GRADE HOMEWORK CENTER** – Homework Center is a place where students can work quietly on their homework. This is the perfect time to receive support from a core teacher. Students must have homework or a reading book to keep quiet for the entire hour. Students need to sign up on google form on our website. Students are allowed to bring in a healthy snack. Students will sign up using this form: [After School Activity Sign Up](#) before they can participate each day.

**Who: 8th grade students**

**When: Monday & Wednesday**

**Where: Room 3502**

**Sponsors: Elizabeth Atz & Tracie Bouslog**

**ALLIANCE/GSA CLUB** – This club is for all kids who are interested in LGBTQ issues and providing a safe school environment for all. There will be lots of food and fun!

**Who: All West Middle Students**

**When: Thursdays**

**Where: Room 3411**

**Sponsor: Darlene Hawkerself**

**ANCIENT WORLD CLUB** - Come race chariots, try on armor, and more in Dr. Prince's room, 3102. We will try a variety of hands-on experiments to see what life was like 2,000 years ago.

**Who: All West Middle Students**

**When: Thursday**

**Where: 3102**

**Sponsors: Dr Prince and Mr. Herpel**

**ARCHERY CLUB** - Students learn how to shoot target archery in the National Archery in the Schools Program (NASP). Through a series of training sessions, games and practice sessions, students improve their concentration, eye-hand coordination and aim. Those students who complete the minimum attendance requirements and training sessions will be invited to participate in the "West Middle Sharpshooters" competition team. The Sharpshooters participate in tournaments throughout Missouri from December through March. Look for information regarding a parent meeting at the end of September.

**Who: All West Middle Students**

**When: Monday & Wednesday**

**Where: Small Gym**

**Sponsors: Rick Hasler & Krystalynn Glore**

**ASL Mentoring (AMERICAN SIGN LANGUAGE) CLUB** - ASL Students have an opportunity to come work with a High School ASL Student to continue moving forward in the language.

**Who: All West Middle Students**

**When: Monday, Wednesday & Thursday**

**Where: Room 3112**

**Sponsors: Jesse Runge**

**ASL (AMERICAN SIGN LANGUAGE) CLUB** - Parkway students are invited to come to participate in creating a Deaf Friendly environment at West Middle! We create shirts for fundraising along with planning Deaf Events for all students to enjoy! Learn more about what it means to communicate with your hands and be apart of the family we call the Deaf Community.

**Who: All West Middle Students**

**When: Thursday**

**Where: Room 3112**

**Sponsors: Jesse Runge**

**BASKETBALL** - Students will be provided opportunities to develop skills, strategy, and teamwork through game play. Students may compete against other Parkway Middle Schools in a basketball tournament.

**Who: All West Middle students**

**When: Monday (6th Grade), Wednesday (7th Grade), Thursday (8th Grade) - (Starts in November 11)**

**Where: Gym**

**Sponsor: Drew Lilledahl (6), Austin Koenig (7), Cody Strickland & Kevin Bueltemann (8)**

**BOARD GAME CLUB** - Come play board games and meet new friends! We love strategy and fun!

**Who: All West Middle students**

**When: Wednesday**

**Where: Room 3315**

**Sponsors: Emma Davis**

**CHESS CLUB** - This is a club where both beginning and experienced players of chess are welcome. It will meet on various Wednesdays throughout the school year. Student Organizer - Keith Schulze, 8th grade. Please check the daily announcements for when the club meets.

**Who: All West Middle students**

**When: Wednesday**

**Where: 6th Grade Open Area**

**Sponsors: Leigh Klawiter**

**CROSS COUNTRY** - Cross Country is open to all students. Be prepared with proper attire and footwear to run outside. There is one district meet on Monday, November 4th after school at 4 pm.

See Miss Dahl with any questions.

**Who: All West Middle students**

**When: Monday, Wednesday & Thursday**

**Where: Small Gym**

**Sponsors: Justa Dahl, Molly Benson, Krystalynn Glore, Tony Dwiggins & Stephanie Filardo**

**DUNGEONS AND DRAGONS** - This is a club where both beginning and experienced players of the role-playing game "Dungeons and Dragons" are welcome. It will meet on various Wednesdays throughout the school year. Student Organizer - Liam O'Brian, 8th grade. Please check the daily announcements for when the club meets.

**Who: All West Middle students**

**When: Wednesday**

**Where: 6th Grade Open Area**

**Sponsors: Leigh Klawiter**

**ENTREPRENEURIAL CLUB** - This is a club where students can learn how to start and maintain their own business. The culminating activity will be a "pitch" contest where students will share their business plans before judges. It will meet on various Wednesdays throughout the school year. Student Organizer - Raj Jaladi, 8th grade. Please check the daily announcements for when the club meets.

**Who: All West Middle students**

**When: Wednesday**

**Where: 6th Grade Open Area**

**Sponsors: Leigh Klawiter**

**MATH CLUB** - Math Club is for all grade levels. The goal is to prepare for regional math competitions and maintaining West Middle's previous years success.

**Who: All West Middle Students**

**When: Thursday**

**Where: Room 3624**

**Sponsors: Eric Glasson**

**MURAL CLUB** – An Art Club that will specifically work on a mural in a hallway of West Middle. We will learn what a mural is, create the mural design, and paint the mural using grid drawing techniques.

**Who: All West Middle Students**

**When: Monday (October through February)**

**Where: Room 2400**

**Sponsors: Anna Hurlbert**

**PWMS News Club**– A news club that believes in the power of information and community togetherness. We do the news to bring people together through social communication and interaction, and to help people become aware of the other problems in the world.

**Who: All West Middle Students**

**When: Monday and Wednesday**

**Where: Room 2222**

**Sponsors: Mr. Jackson and Mrs. White**

**ROBOTICS CLUB** – The students of Robotics Club are given a challenge by VEX REC. Then they design, build, redesign, and code a robot to meet the challenge.

While this can be a competitive club, non-competitors are also welcome. No experience is necessary.

**Who: All West Middle Students**

**When: Wednesday**

**Where: Room 3323**

**Sponsors: Eric Glasson**

**SCIENCE CLUB** - Science club is a club for kids who are passionate about science and math. We complete Science Bowl practice rounds to prepare for the National Science Bowl regional competition. This year, we will also be participating in Science Olympiad events. We meet on Mondays after school in room 3405. All are welcome to join!

**Who: All West Middle Students**

**When: Monday**

**Where: Room 3405**

**Sponsors: Anna Scott**

**SELECT CHOIR** – If you have an interest in GREAT music and GREAT singing, please sign up outside Ms. Heying's room (2604) to audition on either September 5th or 12th in Mrs. Heying's choir room. Please be prepared to sing 30 seconds of any song. We recommend 1 verse and 1 chorus of a song. If you cannot make the auditions, please contact [sheyinq@parkwayschools.net](mailto:sheyinq@parkwayschools.net). We would be happy to find another time to hear you sing. Members may be current choir students, but it is not a requirement.

**Who: Select Choir is an auditioned group of advanced musicians**

**When: Thursday**

**Where: Room 2604**

**Sponsors: Sarah Heying**



**SOCCER** – This is a coed team everyone is eligible. Students will be provided opportunities to develop skills, strategy, and teamwork through game play. Students may compete against other Parkway Middle Schools in a soccer tournament.

**Who: All West Middle students**

**When: Monday (6th Grade), Wednesday (7th Grade), Thursday(8th Grade)**

**Where: Gym**

**Sponsor: Drew Lilledahl, Tony Dwiggins, Dione Heilich & Mike Unland**

**SPARK JR** – A club where you will have an opportunity to start up your own business. Sessions include idea workshop; market research, formulate a plan; create your website, work out finances, marketing and executing your plan. You will get to hear from Parkway's high school entrepreneurs from Spark about their ventures. Everyone gets to participate in an ultimate Shark Tank like pitch contest and potentially win a trophy.

**Who: All West Middle students**

**When: TBD - please see announcements**

**Where: TBD**

**Sponsor: Leigh Klawiter**

**STUDENT LIGHTHOUSE TEAM** – Students learn how to demonstrate the Leader in Me (LEAD) 7 Habits in our school. One goal of our LEAD program is to see all students as leaders; but most importantly gives them an opportunity to lead our school. Students are able to meet and discuss ideas they are interested in for our school. Staff will help them implement the leadership role to better our school and enable students to have a voice in our school. This will help us to fully reach our mission which is to ensure students have a purpose, place, and voice.

**Who: All West Middle Students**

**When: Monday**

**Where: Front Conference Room**

**Sponsors: Dr. Miller**

**TOWER GARDEN CHALLENGE**– The Tower Garden Challenge teaches students how to apply Next Generation Science Standards, scientific content and team work skills to a real-world scenario as they conduct an authentic research study comparing aeroponic (Tower Garden), hydroponic and traditional methods of growing. In addition, students will be sampling what we are growing by identifying and preparing recipes for what we have harvested.

**Who: All West Middle students**

**When: Monday**

**Where: 3414**

**Sponsor: Quinn Curran**

**WRESTLING**- This will be a coed team and everyone is eligible for all practices and then a tournament team will be selected for the 1 day tournament.

**Who: All West Middle students**

**When: Wednesday & Thursday (Through October 15)**

**Where: Small Gym**

**Sponsor: Drew Lilledahl**

**YEARBOOK CLUB** - Students will work with the yearbook company, Herf-Jones, to create the West Middle Yearbook. Students who are interested in digital photography, writing content and captions, organization, and editing will learn and create the yearbook. This is an excellent opportunity to prepare for journalism classes at West High School.

**Who: All West Middle students**

**When: Every Monday & Thursday**

**Where: Room 3101**

**Sponsor: Rick Hasler**

If you do not see an activity you are interested in, be sure to check back often either online or in our daily announcements. We anticipate adding new activities throughout the year. If you would like to propose a club, fill out this link; [Club Proposal Form](#)

## **SPRING 2020 ACTIVITIES**

**FLAG FOOTBALL** – Students will be provided opportunities to develop skills, strategy, and teamwork through game play. Students may compete against other Parkway Middle Schools in a tournament.

**Who: All West Middle Students**

**When: Monday, Wednesday & Thursday - (Starts March 2020)**

**Where:**

**Sponsors: TBD**

**TRACK & FIELD** – Students will learn proper stretching techniques for muscles, warming up, cooling down as well as train for Track and Field events. Students will then participate in the Parkway Track Meet on May 16, at Parkway Central High School, during the school day.

**Who: All West Middle students**

**When: (Begins in April 2020)**

**Where:**

**Sponsors: TBD**

**VOLLEYBALL**– Students will be provided opportunities to develop skills, strategy, and teamwork through game play. Students may compete against other Parkway Middle Schools in a volleyball tournament.

**Who: All West Middle students**

**When: Monday (6th Grade), Wednesday (7th Grade), Thursday(8th Grade) - (begins in January 2020)**

**Where: Gym**

**Sponsor: Kevin Bueltemann**

**WINTER ROAD WARRIORS**– Are you interested in casual jogging, endurance running or just want to do some off season training? This activity is for you!

**Who: All West Middle students**

**When: Mondays & Wednesdays - (January - March)**

**Where:**

**Sponsor: TBD**

## 2019- 2020 Intramural Schedule

<b>Wrestling Tournament:</b>	10/15 at West Middle	6th, 7th, & 8th grade	3:30 PM
<b>Soccer Tournament:</b>	10/23 at South Middle	8th grade Boys & Girls	3:30 PM
	10/28 at South Middle	6th Co-Ed & 7th Co-Ed	3:30 PM
<b>Cross Country Meet:</b>	11/4 at Central High	6th, 7th, & 8th grade	4:00 PM
<b>Basketball Tournament:</b>	1/8 at Northeast Middle	6th grade Co-Ed	3:30 PM
	1/8 at South Middle	7th grade Co-Ed	3:30 PM
	1/9 at West Middle	8th grade Boys	3:30 PM
	1/13 at West Middle	8th grade Girls	3:30 PM
<b>Volleyball Tournament:</b>	2/24 at Southwest Middle	6th Co-Ed & 7th Co-Ed	3:30 PM
	2/26 at Southwest Middle	8th grade Boys & Girls	3:30 PM
<b>Flag Football Tournament:</b>	4/8 at Central High	6th, 7th, & 8th Co-Ed	3:30 PM
<b>Softball Tournament:</b>	4/13 at South High	6th Co-Ed & 7th Co-Ed	3:30 PM
	4/15 at South High	8th grade Co-Ed	3:30 PM
<b>Track &amp; Field Meet</b>	5/14 at West High	6th, 7th, & 8th grade	9:00 AM

## Parkway West Middle Activity Runs

Activity runs are by PM bus runs. Locate your PM bus run to determine which activity bus will take you home after school activities. After schools activities end at 4:20 pm.

<b>Red Line</b>	<b>Purple Line</b>	<b>Blue Line</b>	<b>Green Line</b>	<b>Pink Line</b>
<b>57</b> Savannah Crossing	<b>57</b> MOSAICS	<b>61</b>	<b>31</b>	<b>64</b> Cedar Springs Willow Bend Manderleigh Woods
<b>64</b> Green Lantern, Mansion Hill	<b>175</b> MOSAICS	<b>76</b>	<b>57</b> Chancellor Heights Burgundy	<b>99</b> Topping-Thornhill Pingry
<b>94</b> Old Woods Mill Southmill Brookmill Fox Creek	<b>116</b> San Souci Baxter Heights Elannchester	<b>101</b>	<b>64</b> Penny Lane Gardenway	<b>105</b> Laurel Lakes
<b>95</b>		<b>152</b>	<b>86</b>	<b>152</b>
<b>166</b>		<b>176</b> Isleview & Denwoods Wildwood Pkwy Wildbria Hill Trail Ivy Wood	<b>94</b>	<b>184</b> Feather Stone Drive S.Mason Kings Glen
<b>177</b>		<b>178</b>	<b>98</b>	
<b>184</b> Weidman Devonworth		<b>179</b>	<b>99</b> Cabernet Broomstick	
		<b>180</b>	<b>116</b>	
			<b>105</b> Tammany Ln Clayton Hills Hickory Woods Daylight Circle	
			<b>152</b> Rue Montand, Agean Way	
			<b>176</b> Iron Lantern Brooktree Quinnmoor	